

**The World's First Nutritional Assessment System for dishes,
integrates Japan's Food Culture and Health Issues
The Ajinomoto Group Introduces the
Ajinomoto Group Nutrient Profiling System for Menu
Announced at the 80th Annual Meeting of Japanese Society of Public Health**

TOKYO, December 27, 2021 – The Ajinomoto Group will roll out the Ajinomoto Group Nutrient Profiling System for Menu (ANPS-M) as the world's first nutrient profiling system to take Japan's food culture and health issues into consideration. The Ajinomoto Group developed ANPS-M as a method to scientifically assess the nutritional value of cooked dishes (menu items). This was presented at the 80th Annual Meeting of Japanese Society of Public Health held on December 21-23, 2021.

As interest in improving nutrition has grown around the world, global food companies have been developing and introducing nutrient profiling systems (NPS) as methods for assessing the amount of nutrients contained in a food on a scientific basis in order to express its nutritional quality in an easy-to-understand manner. The Ajinomoto Group previously launched the ANPS-P (Ajinomoto Group Nutrient Profiling System for Products) in 2020. The ANPS-P enables a better understanding of nutritional issues by using a common standard to assess the nutritional value of the Ajinomoto Group's products. It has been utilized to renew its products and provide products with high nutritional value. (As of the end of November 2021, approximately 500 products from nine Ajinomoto Group companies in seven countries have been assessed.)

At the same time, the Ajinomoto Group recognizes the limits to the ANPS-P and other NPS used globally, to assess products like seasonings that are normally not eaten on their own, as a self-standing food item. The newly developed ANPS-M addresses that issue and makes it possible to assess the nutritional values of dishes prepared with seasoning products.

By helping to visualize the nutritional values in dishes prepared with seasoning products, the ANPS-M provides clarity on nutritional issues and thereby informs how to improve the highlighted nutritional issues, such as supporting reduction of salt and fat and optimizing protein and vegetable intake, without compromising on taste. This is at the core of nutrition improvement that the Ajinomoto Group advocates for.

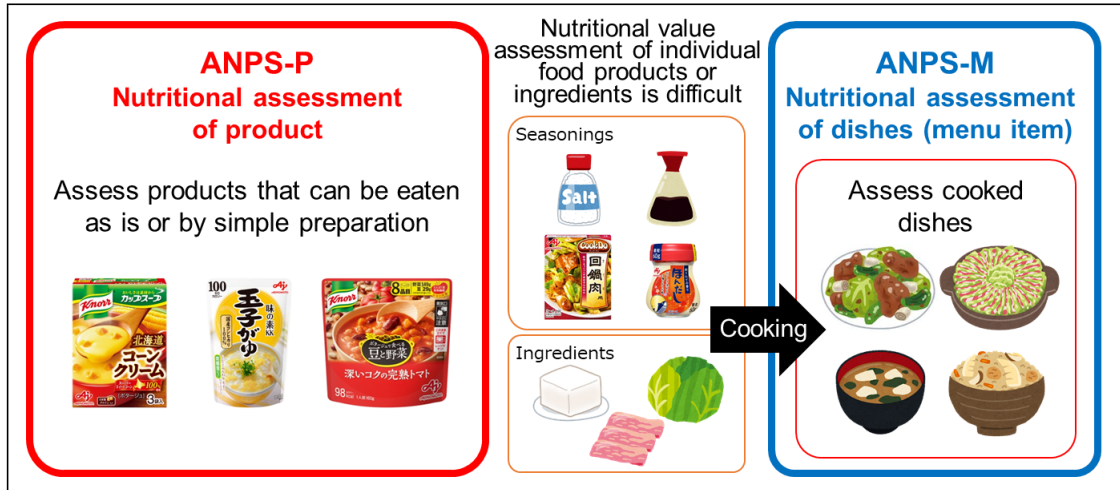
In developing an NPS for dishes, it is important to select the nutrients that will be subject to assessment and construct a system that reflects the ideal distribution of nutrients for each dish in the overall meal, based on the dietary culture and health-related issues of the respective countries. In order to develop the ANPS-M for Japan, the dietary culture and health-related issues in Japan were first taken into consideration and incorporated into the system.

Implementing ANPS-P and ANPS-M will enable the Ajinomoto Group to carry forward development of products, dishes and recipes with increased nutritional value, such as low-salt seasonings that do not compromise taste, and dishes and recipes which are rich in protein and vegetables. Furthermore, the Ajinomoto Group will utilize this system to provide support to consumers so that they can eat nutritionally well-balanced meals.

The Ajinomoto Group plans to promote the development and implementation of ANPS-M overseas also in various parts of the world such as ASEAN and Latin America, as a system that accommodates the local food culture of each country and respective region.

The Ajinomoto Group will continue to contribute to comfortable lifestyles and extending healthy life expectancies for people around the world, and strive to become a company that helps resolve food and health issues.

THE AJINOMOTO GROUP NUTRIENT PROFILING SYSTEM (ANPS)



Applications

Use for developing products or dishes

Deliver tasty and healthy products, dishes,
and recipes to customers

Reference

Press release from May 14, 2020

“The Ajinomoto Group Introduces a Nutrient Profiling System”

https://www.ajinomoto.com/cms_wp_ajmnt_global/wp-content/uploads/pdf/2020_05_14E.pdf

The Ajinomoto Group has offices in 35 countries and regions, and sells products in more than 130 countries and regions. In fiscal 2020, sales were 1.0714 trillion yen (10.1 billion U.S. dollars). By unlocking the power of amino acids, the Ajinomoto Group, aims to resolve food and health issues associated with dietary habits and aging, and contribute to greater wellness for people worldwide. Based on the corporate message “Eat Well, Live Well.”, we have been scientifically pursuing the possibilities of amino acids to aim for future growth by creating new value through sustainable and innovative solutions for communities and society. To learn more, visit www.ajinomoto.com.

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